

Preventing
Bullying and
Harassment



Beyond the Hurt

DURATION: 4 HOURS ONLINE



HELP CHILDREN AND YOUTH RISE ABOVE BULLYING

Youth are better able to learn and grow in safe, healthy, bully-free surroundings.

Beyond the Hurt is a dynamic online educational program designed to help create and maintain positive, inclusive environments. It provides the resources and techniques to understand and respond to bullying, harassment and discrimination.

This program gives adults who work with children and youth the tools they need to:

- Learn the dynamics and effects of bullying
- Determine safe and effective responses to bullying and harassment
- Find and use resources to respond to bullying

The **Beyond the Hurt** program is user-friendly and provides the following benefits:

- Can be paired with in-person learning to meet customized delivery needs
- Saves progress in convenient format so users can complete the course at their own pace
- Provides resources and tools to help prevent bullying and harassment



CANADIAN
RED CROSS